

CV

(Latest update: August 3rd 2020)

Currently Teaching:

- Founder of QbicCircle (January 2019 -)
- Faculty at Absalon CPH – Impro Teater (September 2018 -)
- Faculty at Improskolen – Various (January 2020 -)

Past Teaching:

- Faculty teacher of the ICC (January 2017 – January 2019)
Note:
Were in charge of writing and teaching the ICC school curriculum for level 1, 1A & 1B
Were in charge of writing and teaching the ICC school Drop In class
Were in charge of writing and teaching the ICC school summer 5-day Intensive programs for level 1, 2 and 3 (summer 2017 + 2018)
Were part of forming and shaping the ICC school curriculum for level 2 to level 5
Including teaching workshops at various cooperate companies and private events in DK

Currently Performing:

- No update

Currently Coaching:

- No update

Past Coaching:

- One on one classes (Abril - June 2020)
- One on one classes (March 2020)
- One on one classes (June - July 2019)
- Doctors' Orders (October 2017 – March 2018)
- One on one classes (December 2018)

Past Performing:

- Host at the Impro Show EM 2020 – Special (June 2020) at Improskolen
- Solo improv performance (February 2020) at 24 Improv Marathon
- Solo improv performance (October 2019) at Absalon Open Stage
- ICC House Team “Murder of Crows” (March 2018 – January 2019) *Including performing at the Copenhagen International Improv Festival 2018 + Oslo Impro Festival 2018
- Independent team “The Farewell Tour” (XXX) Performing at the at the Oslo Impro Festival 2017 and the 20th Annual Del Close Marathon 2018 in New York
- ICC House Team “Only Human” (August 2016 – March 2018) *Including performing at the Copenhagen International Improv Festival 2017 + 2018 and at the Oslo Impro Festival 2017
- ICC Touring Company (January 2017 – January 2019) *Including performing at various cooperate company events in DK
- ICC House Short Form Team (August 2016 – January 2019)
- ICC House Team “Armando Commando” (May 2017 – Dec 2017)

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- ICC House Team "Suggestion 3" (January 2017 - August 2018) *Including performing at the Copenhagen International Improv Festival 2018

Past training:

- IO Chicago 5 weeks Intensives (Summer 2018)
- Graduate of the original ICC 5 Level Program (September 2016)
Note:
Including taking level 1, 2 and 3 x 4 times
Including taking level 4 x 2 times
Including shadowing + substituting (Stefanie Grassley and Stefan Pagels)

Attended Workshops:

- "Improv Drop-in PWYC"
One day workshop with Sarah McGillion in Copenhagen (July 2020)
- "Impro Comedy Improlaboratoriet"
2-day workshop with Martin Zarp at Improskolen (June 2020)
- "Like a Pro: The Wheel of Consent for practitioners"
5-day workshop with Robin Dalzen in Copenhagen (October 2019)
- "Action Movie Form / Action Harold"
One day workshop with Lou Gonzalez at Improskolen KBH (September 2019)
- "Improv from the Gut"
One day workshop with Lou Gonzalez at Improskolen KBH (September 2019)
- "Out of your head and into your heart"
One day workshop with Joleen Ballendine at Improskolen KBH (May 2019)
- "Advanced Music Improv Workshop"
One day workshop with Rick & Laura Hall at ICC (December 2018)
- "Intro to Music Improv Workshop"
One day workshop with Rick & Laura Hall at ICC (December 2018)
- "Instant Characters"
3-day workshop with Davis Razowsky at ICC (November 2018)
- "Short Form 3-day Intensive Workshop"
3-day workshop with Jay Sukow at ICC (October 2018)
- "Straight man/Crazy man Dynamics"
One day workshop with Tavish Forsyth in Chicago (August 2018)
- "Advanced Coaching"
One day workshop with James Dugan at IO Chicago (August 2018)
- "Improvising Emotionally"
One day workshop with James Dugan at IO Chicago (August 2018)
- "Intro to Coaching"
One day workshop with Matt Higbee at IO Chicago (August 2018)
- "The Art of Slow Comedy Summer Weekend Intensive"
2-day workshop with Jimmy Carrane in Chicago (July 2018)
- "Seriously Silly"
One day workshop with Alastair Forbes at ICC (April 2018)
- "The Character Wheel"

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- 5-day workshop with Jaime Moyer at ICC (March 2018)
- "Truth, Play and Alternate Ways"
2-day workshop with Shawn Kinley at Oslo Impro Festival (November 2017)
- "The Harold Masterclass"
2-day workshop with Rob Norman at ICC (September 2017)
- "Discovering the Now"
2-day workshop with Adam Cawley at ICC (September 2017)
- "Playing with Emotion"
One day workshop with Blain Swen at ICC (July 2017)
- "Jay Sukow Masterclass Program"
5-day workshop with Jay Sukow at ICC (July 2017)
- "Short form Workshop"
One day workshop with Jay Sukow at ICC (July 2017)
- "Jay Sukow Advance Program"
5-day workshop with Jay Sukow at ICC (July 2017)
- "Scenework Workshop"
One day workshop with Jay Sukow at ICC (July 2017)
- "The Samurai"
One day workshop with Will Hines at ICC (April 2017)
- "Scene-work Intensive"
5-day workshop with Jason Shotts at ICC (April 2017)
- "Character Game"
One day workshop with Maximillian McCal at ICC (February 2017)
- "Power of Positivity"
One day workshop with Ted DeMaisons in Copenhagen (November 2016)
- "The Power of Premise (Sketch Writing)"
2-day workshop with Rob Norman at ICC (October 2016)
- "Intro to Harold"
2-day workshop with Brian Urreta at ICC (September 2016)
- "Listen for Laughs"
One day workshop with Zach Zucker at ICC (July 2016)
- "Eat your Fear"
5-day workshop with Brian Urreta at ICC (March 2016)
- "Find the Fun"
2-day workshop with Carly Ann Filbin ICC (March 2016)

Volunteering:

- Copenhagen International Improv Festival 2017 (7 days)
Planning and volunteer work
- Copenhagen International Improv Festival 2016 (7 days)
Volunteer work